

Tuntable Creek Public School

Tuesday, 12 October 2010 Term 4, Week 1

Tuntable Creek Public School Tuntable Creek Road, The Channon NSW 2480
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DATE	EVENT
Thursday 14 October	Year 5 & 6 Sydney/Canberra Get-To-Gether (Caniaba)
Friday 15 October	Pre-Kindy Orientation Program Commences
Monday 18 October— Tuesday 19 October	Connected Classroom Training (Ms Voisey, Mrs Larsen, Ms Jodie, Kathleen) Mr Webster, Mr Seymour & Ms Erskine on duty
Friday 22 October	Robin Gough EGATS presentation—Woolgoolga Pre-Kindy Orientation Program continues

Hi Everyone

Welcome back to Term 4. I can't believe how quickly the year is flying. I hope you all had a lovely break with your children, although I hear it has been very wet. It wasn't wet in New Zealand (apart from the snow)!

New Student-We welcome Gryffyn Darcey to our school. Gryffyn is in Year 6 and has come from Melbourne.

Practicum Student-Mr Dane Seymour from Southern Cross University will be with us for the first three weeks of Term 4. Dane will be teaching all subject areas across this three week period.

Kindergarten Orientation Program-Three students commencing Kindergarten in 2011 will be joining us at school each Friday this term. We welcome them to Tuntable Creek Public School and we know their experiences will be enjoyable.

Assembly-There will be an **Assembly** this Friday at 2.30 p.m.

Sydney/Canberra Excursion-Year 5/6 students leave for Sydney/Canberra on Sunday 7th November. This Thursday, 14th October, Year 5/6 students will be going to Caniaba for a get together with the other schools attending the excursion. More information and forms to complete will be given out on Thursday, including Medicare information. Students have been measured up for their T-Shirt which will need to be worn to Parliament House. Please make sure all outstanding costs have been paid to the school as soon as possible to secure seats.

Connected Classroom-On Monday and Tuesday of next week staff will be attending connected classroom training at Brunswick Heads Public School. This service is provided to all schools receiving a connected classroom as part of their teaching/learning programs. The connected classroom is expected to go into the new building. It provides an interactive whiteboard and video conferencing facilities. This means that students will be able to watch lessons being taught at other schools or even talking with other students from other schools. Many schools in the area are already using these facilities very successfully. Peter Webster will be teaching the students on these days and Carol Erskine will be running the office.

Closing thought:

"You already possess everything necessary to become great."-- Native American Crow Proverb

Till next time

Ms Voisey

Relieving Principal

FROM MS BIANCA

Hola! The children have enjoyed their Spanish classes since they started in Term 4, 2009 and I have had a lot of fun teaching! I have been travelling to Tuntable Creek each Wednesday and going onto Nimbin Central tutoring Year 11 students doing Spanish. These students have chosen not to continue Spanish into Year 12 and I can no longer teach Spanish at Tuntable Creek because I can't cover my travel expenses. Although I am sad, it's been a great opportunity. Your children are very clever and I hope they have a chance to learn different languages as they continue their education. Hasta la vista everyone! See you soon! **Ms. Bianca**



NEWS AND TIPS

QUICK SNACK IDEAS

Celery sticks with cream cheese

A celery stick, cut into 10cm lengths

Cream cheese

Spread the cream cheese in the curve of the celery and pack it into your child's lunchbox.

More recipes at www.schools.nsw.edu.au/news/ezine/yr2009/issue02/lunchbox/celery.php



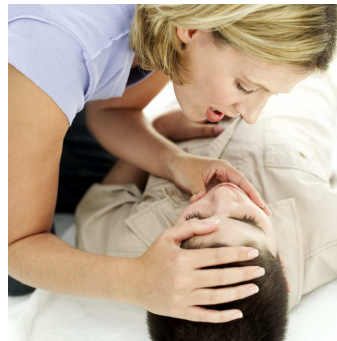
FAMILY FIRST AID

St John Ambulance Australia has designed a new first aid course especially for parents.

Parents will learn the following life saving skills:

- resuscitation
- control of bleeding
- management of shock
- wound management
- burns
- bites and stings
- acute illnesses
- poisoning
- fracture and sprains.

Visit www.stjohn.org.au for more information.





familiesnsw
supporting families to raise children



At Parent Line we are committed to helping families develop richer, more rewarding relationships and create safer, more nurturing environments for children to grow and develop into happy, healthy, confident, contributing young adults.

Issues for families of Children aged 6 - 12

The counsellors at Parent Line NSW speak to over 10,000 parents every year. Of these parents around 27% of them have children aged 6 -12 years. Parents call from all over the state, although generally parents in urban areas are more likely to seek support and assistance than their rural counterparts. Rural and remote families are more likely (although not always) to call once the issues have escalated to a crisis. We urge parents to call about any issue, no matter how big or small. The sooner they intervene in a positive way in the situation the quicker and easier it is to achieve a positive outcome.

The 5 top reasons parents of children in the 6 - 12 age group call are:

Managing Children's Challenging Behaviours: This may be refusal to co-operate in family tasks, talking back and being rude to parents, bedtime issues, organisation issues like getting ready for school and doing homework independently, concerns about the use of computers and internet particularly in the 'tween' years; issues with siblings, aggression and violence etc.

Child Development: Much of the work we do at Parent Line is discussing with parents what can be expected of children at different stages, what is reasonable for them to be able to manage and how to help them develop mastery of developmental tasks at different times.

Study/Educational Issues: We talk through issues such as school refusal, bullying, relationship issues with teacher and other students, challenging behaviour at school to expulsions and suspensions, educational concerns, and learning difficulties.

Children's Anxiety: As this is the period where children start to have more independent contact with the outside world, anxiety is to be expected. Children are often managing situations on their own for the first time. They may have few skills to deal with these new situations and it can cause understandable fear and anxiety. Children might have anxiety about friendships, changes in the family, generalised fears, worries about school, and concerns related to parental separation etc.

Parental Separation: We support a lot of parents who have separated and are experiencing a wide range of challenges with shared custody and access issues, maintaining relationships with the other parent, organisation of the children's childrearing responsibilities, managing and negotiating financial responsibilities etc.

Parents talk to our highly qualified and experienced professional counsellors about a wide range of topics. Some call once and others call many times as their children grow.

The counselling we provide is free other than the cost of the call, which is no more than the cost of a local call from anywhere in NSW. Mobile phones are charged according to their individual plans.

Close to 33% of our callers identify as having called before. Parents also access our website to download the tip sheets and to read some of the parenting stories from our counselling team at www.parentline.org.au

Parent Line **1300 1300 52** is available 24 hours a day, 7 days a week.