

# Tunable Creek Public School



Respect - Integrity - Participation

Tunable Creek Road The Channon

ph: 66886212

Tuesday 10<sup>th</sup> November, 2015



Hi everyone,

Thank you to everyone who braved the wet weather on Sunday to come and help sell things at our road stall. We made \$206.70 for the day, which was pretty good for a gloomy-indoorsy kind of day. If anyone has items here that didn't sell, we would really appreciate it if you could come and collect them as we don't have the storage space until the next market day.

Thankfully we were able to fit in a day down at the Creek last Wednesday to do our site assessment. With all the rain, the track was rather overgrown and we noticed some erosion. There was a HUGE water dragon, lots of dragonflies, a few fish and plenty of birds. We will go down again before the end of the year to compare the differences we found.

One of the fun things we did was to try out our new Science equipment. We added different liquids to the water to test the potassium level, dissolved oxygen levels and checked the pH, temperature, salinity and turbidity. We discovered that the pH level was 9 compared to 7 last time, and discussed what could have caused the change.

Whilst we didn't collect any tadpoles in our creature study this time, we did get mites, shrimp and lots of wrigglers. Hopefully next time we can discover some tadpoles. Ruby managed to get a photo of a bleating tree frog- great spotting Ruby!

Tomorrow is Remembrance Day. During the ANZAC Centenary, there have been renewed interest in understanding the experiences of Australia's diverse cultural groups during First World War. We will be investigating the role of Chinese ANZACS and the roles they had in war.

Alison Bath

We will remember them.



## Upcoming Events

**November 30**

P&C Meeting 2.30pm

**December 4**

Scripture Christmas Presentation

**December 7**

3 day Family Camp –  
Binna Burra Lodge  
Lamington National Park  
(7 - 9 Dec)

**December 15**

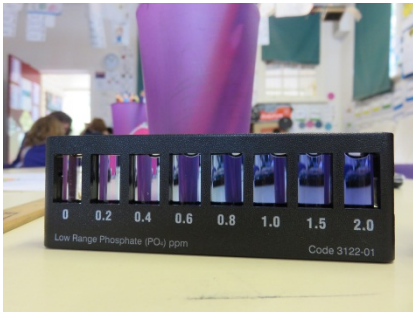
School Christmas Concert

**December 16**

Last Day of Term 4

PLEASE SEND IN  
DONATIONS FOR  
OUR CHRISTMAS  
HAMPER RAFFLE.

THANK YOU



### WHAT IS FRESH TASTES?

Our school implements the Fresh Tastes @ School NSW Healthy School Canteen Strategy, which means our canteen has guidelines to follow when designing the menu. Fresh Tastes @ School uses a coloured spectrum to categorise food based on nutritional value:

**GREEN:** these foods are a good source of nutrients and contain less saturated fat, sugar, salt and excessive kilojoules so **fill the menu with these foods.**

**AMBER:** these foods have some nutritional value, moderate levels of saturated fat, added sugar and salt so **select these foods carefully, avoid large portion sizes and don't allow them to dominate the menu.**

**RED:** have little to no nutritional value and are high in saturated fat, added sugar, salt and excess kilojoules **These foods can only be sold on two occasions per term.**

For more information, visit [www.healthy-kids.com.au](http://www.healthy-kids.com.au)

# TUNTABLE CREEK PS

## PRESENTS

A PLAY ADAPTATION OF

### Emily's Bush Christmas



From the award-winning film of the same name  
*Emily in a Winter*

JACKIE FRENCH & BRUCE WHATLEY

TUESDAY 15<sup>TH</sup> DECEMBER 2015

5.30PM BBQ

ALL WELCOME