



Why a quote on money to start off our newsletter?

Well, it's just a reminder that **money for the camp** is due by TUESDAY 1st December- which is next Tuesday. Thank you to those who have already paid. We will be discussing our camp itinerary next Monday at the P and C meeting.



Head lice- have been the big topic at the moment. There was an article put on our Facebook page of remedies to help keep nits away.

Head lice have been around for thousands of years and anyone can get them. In fact, they are one of the most commonly reported health complaint from parents and teachers. There is no truth to the myth that head lice only like clean hair. They are not selective.

People get head lice from direct head-to-head contact with another person who has head lice. Head lice very rarely fall from the head, as they require blood to survive, feeding three to four times a day. Without blood, they will dehydrate in six hours in a dry climate and 24 hours in a humid climate. The further that eggs are from the scalp, the less likely they are to survive.

Please note: With lice bites come itching and scratching. This is actually due to a reaction to the saliva of lice. However, **the itching may not always start right away** — that depends on how sensitive a child's skin is to the lice. **It can sometimes take weeks** for kids with lice to start scratching. **They may complain, though, of things moving around on or tickling their heads.**

Please: Check hair every weekend and treat hair straight away if you notice any eggs.

Regards,
Alison

Upcoming Events

November 30

P&C Meeting 2.30pm

December 1

DUE - Payment for Family Camp

December 4

Scripture Christmas Presentation

December 7

3 day Family Camp –
Binna Burra Lodge
Lamington National Park
(7 - 9 Dec)

December 15

School Christmas Concert



Great celebrations: Fuel them up with the right kind of energy!

- Grate carrot & other vegies into lean mince for healthier sausage rolls or burgers.
- Try delicious kebabs made with lean meat, chicken or pork pieces and lots of vegies.
- Simple cheesy vegie muffins packed full of favourite vegies and reduced-fat cheese. Kids love the combination of flavour and colour of corn, capsicum & grated zucchini.
- How about sandwich sushi made with popular vegie fillings? Just cut crusts from wholegrain bread, spread thinly with low-fat cream cheese, add colourful vegie fillings, roll & slice into 2 or 3 pieces.
- Mini pizzas of half a wholemeal muffin topped with a range of fresh chopped veg, a little ham, tomato sauce and some grated reduced-fat cheese, place under grill for 5 minutes.



FREE Community Concert featuring The World According to James

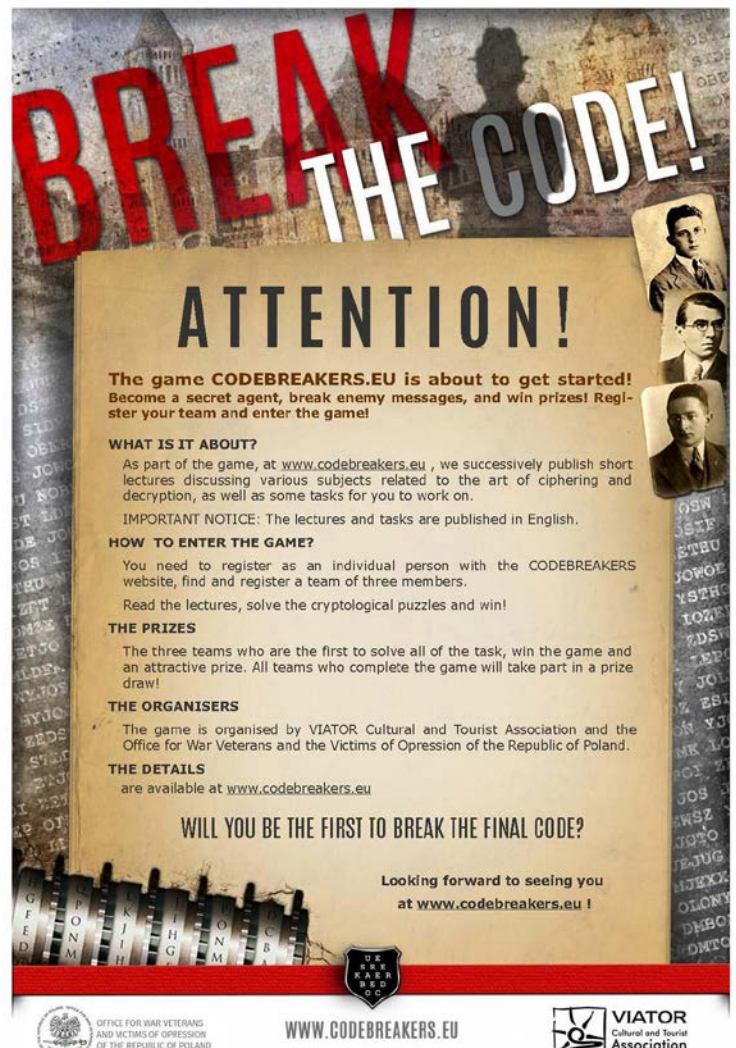


The World According to James: fronted by Australia's leading jazz trombonist James Greening, the quartet is among Australia's most respected jazz groups.

**Saturday December 5, 2015
3-4pm**

Northern Rivers Conservatorium
(Corner Keen & Magellan Streets) Lismore

FREE EVENT!



BREAK THE CODE!

ATTENTION!

The game **CODEBREAKERS.EU** is about to get started! Become a secret agent, break enemy messages, and win prizes! Register your team and enter the game!

WHAT IS IT ABOUT?
As part of the game, at www.codebreakers.eu, we successively publish short lectures discussing various subjects related to the art of ciphering and decryption, as well as some tasks for you to work on.

IMPORTANT NOTICE: The lectures and tasks are published in English.

HOW TO ENTER THE GAME?
You need to register as an individual person with the CODEBREAKERS website, find and register a team of three members.
Read the lectures, solve the cryptological puzzles and win!

THE PRIZES
The three teams who are the first to solve all of the task, win the game and an attractive prize. All teams who complete the game will take part in a prize draw!


THE ORGANISERS
The game is organised by VIATOR Cultural and Tourist Association and the Office for War Veterans and the Victims of Oppression of the Republic of Poland.


THE DETAILS
are available at www.codebreakers.eu

WILL YOU BE THE FIRST TO BREAK THE FINAL CODE?

Looking forward to seeing you
at www.codebreakers.eu !

WWW.CODEBREAKERS.EU

 OFFICE FOR WAR VETERANS
AND VICTIMS OF OPPRESSION
OF THE REPUBLIC OF POLAND

 **VIATOR**
Cultural and Tourist
Association