

Tunable Creek Public School

Respect - Integrity - Participation



Tunable Creek Road The Channon

ph: 66886212

Tuesday 23rd August 2016



Tonight's the night! The Performing Arts Festival is here!

Just a reminder that there is a new sign on area for students to go to when they arrive tonight.

Students will remain with us until after the whole night has concluded.



Week of Tastes- has been put on hold. Normally we would have a visiting person around an area of expertise relating to our Taste Week, however, circumstances have meant a change to this and I'm still waiting for the final details.

A message from Mrs Lord

I've had the pleasure of teaching at Tuntable Creek a number of times. The Olympics inspired me (with the support of the school) to host our own school Olympics, with most of the events being designed and modified by the students.

Last Tuesday we carried out the children's ideas, from the torch relay enacted around the school to a number of sporting events.

On reading the children's reflections the next day, all saw our Olympics as a valuable and fun learning process. Thank you for your support.

Mrs Kate Lord

Upcoming Events

August 23

Lismore Performing Arts Performance

August 30

Lismore Performing Arts PJ Party

September 2

The Channon TEAMS DAY – The Channon Oval

September 7

P & C Meeting 2.30pm (Art Room)

September 23

LAST DAY OF TERM 3

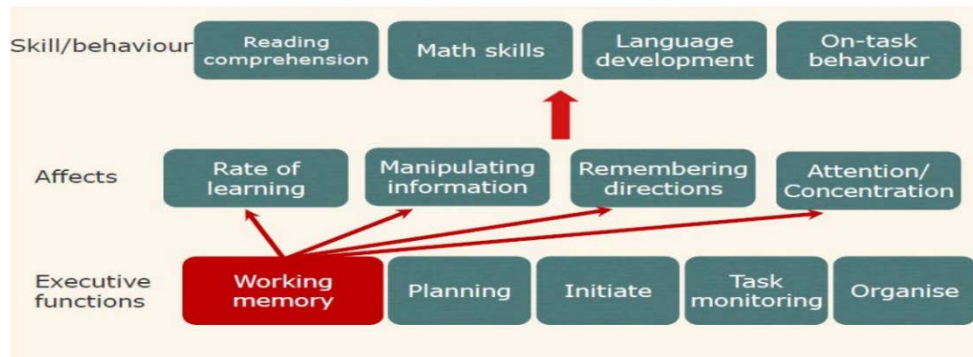
October 10

FIRST DAY OF TERM 4



Working Memory and Child Development

Working Memory is an area of learning that I am really interested in, recently attending a conference on working memory and its effect on attention, learning and everyday living skills. Working memory is the basis to learning as outlined in the following diagram.



Have you ever gone to the store without a list, thinking you'll remember everything you need...but discovered when you got home that you forgot several items? If so, you've experienced the limitations of working memory. Working memory is the mental sticky note we use to keep track of information until we need to use it.

Working memory is key to learning.

Kids rely on both incoming information and information stored in working memory to do an activity. If they have weak working memory skills, it's hard to juggle both. This can make it challenging to follow multi-step directions. Kids with weak working memory skills have trouble keeping in mind what comes next while they're doing what comes now. For example, your child may not be able to mentally "go back" and recall what sentence the teacher wanted written down while also trying to remember how to spell out the words in that sentence.

The part of the brain responsible for working memory is also responsible for maintaining focus and concentration. Here, working memory skills help kids remember what they need to be paying attention to. Take, for example, doing a long division problem. Your child needs working memory not only to come up with the answer, but also to concentrate on all of the steps involved in getting there.

Kids with weak working memory skills have trouble staying on task to get to the end result. You could think of it like the learning equivalent of walking into a room and forgetting what you came in to get.

Live Life Well @ School
A joint initiative between the NSW Department of Education and Training and NSW Health

PRESS PAUSE AND GO PLAY

PAUSE **PLAY**

Set the limit -
Less than 2 hours
screen time / day!

Working memory is responsible for many of the skills children use to learn to read. Auditory working memory helps kids hold on to the sounds letters make long enough to sound out new words. Visual working memory helps kids remember what those words look like so they can recognize them throughout the rest of a sentence.

When working effectively, these skills keep kids from having to sound out every word they see. This helps them read with less hesitation and become fluent readers. Learning to read isn't as smooth a process for kids with weak working memory skills.

Being able to solve math problems depends on a number of skills that build on one another like building blocks. The block at the bottom—the most important one in the stack—is the ability to recognize and reproduce patterns. It's the foundation for the next block: seeing patterns in numbers in order to solve and remember basic math facts.

From there, kids build up to storing information about a word problem in their head; they then use that information to create a number sentence to solve the problem. This eventually leads to the ability to remember mathematical formulas.

What keeps the blocks from toppling over is the ability to remember, sequence and visualize information—all of which can be difficult for a child with weak working memory skills.

Last Year I introduced COGMED to help build working memory and this conference has allowed me to look at further strategies to help students learning. COGMED is now being used with stroke patients to help with their memory, with amazing results. Research also shows that fitness helps working memory before learning or a test (as well as a great diet).

Mrs Bath

PERFORMING ARTS PYJAMA PARTY – TUESDAY 30TH AUGUST 2016

Following the performance tonight, we will be celebrating by having a Performing Arts PJ part on Tuesday 30th August with some self-reflecting on our performance.

As part of the celebrations we ask that you send in some small party food to share. We will also be watching a PG movie (please send in one from home to be voted on, on the day).

I give permission for my child/children _____ to participate in the Performing Arts PJ Party on Tuesday 30th August and watch a PG rated movie (TBD).

Name: _____

Dated: _____

Signed: _____