

# Tunable Creek Public School

Respect - Integrity - Participation

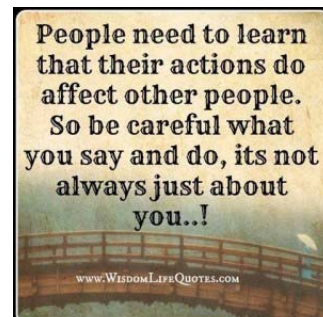


Tunable Creek Road The Channon

ph: 66886212

Principal: Alison Bath

Tuesday 14th June 2016



Hi Everyone

I thought I would put in some important and interesting thoughts about reading in this week's newsletter. Reading every day is such an easy thing to do, however, the benefits have been proven to make an enormous difference to a child's education.

"Reading for pleasure is the single biggest factor in success later in life, outside of an education. Study after study has shown that those children who read for pleasure are the ones who are most likely to fulfil their ambitions. If your child reads, they will succeed – it's that simple."

Bali Rai

Studies show that reading for pleasure makes a big difference to children's educational performance.

Evidence suggests that children who read for enjoyment every day not only perform better in reading tests than those who don't, but also develop a broader vocabulary, increased general knowledge and a better understanding of other cultures.

In fact, reading for pleasure is more likely to determine whether a child does well at school than their social or economic background.

Learning to read is about listening and understanding as well as working out what's printed on the page. Through hearing stories, children are exposed to a wide range of words. This helps them build their own vocabulary and improve their understanding when they listen.

## Upcoming Events

**June 23**

Reports sent home

WINTER FUNDRAISER – Modanville Pie Drive forms sent home.

**June 26**

7.00pm Yr 5 & 6 Canberra Excursion

**July 1**

Last Day of Term 2

**July 2**

6.30am - Yr 5 & 6 return from Canberra

**July 19**

Students return to school for Term 3

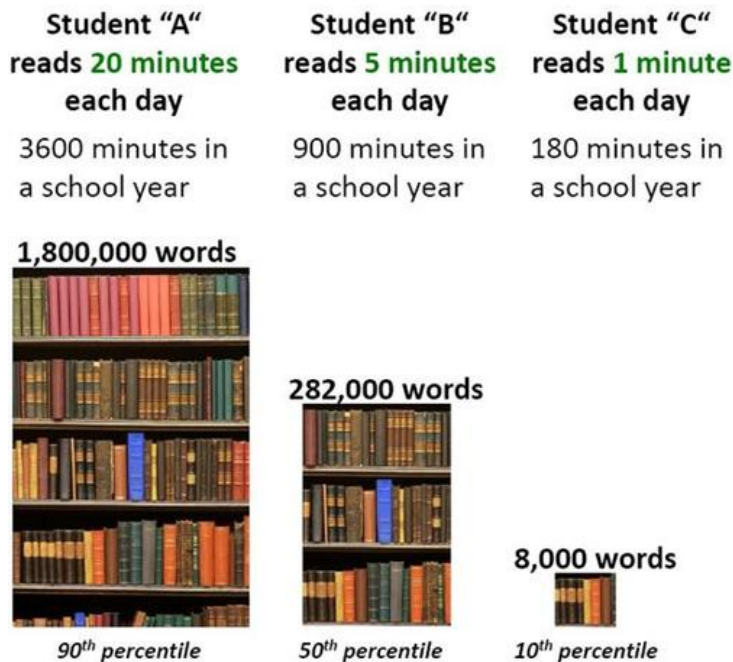
**July 22**

Pie Orders to be returned to school

*"Once you learn to read,  
you will be forever free."*

- Frederick Douglass

## Why Can't I Skip My 20 Minutes of Reading Tonight?



By the end of 6<sup>th</sup> grade Student "A" will have read the equivalent of 60 whole school days. Student "B" will have read only 12 school days. Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school...and in life?

(Nagy & Herman, 1987)

It's amazing how reading something for 20 minutes a day can make a difference!



Reports go home next Thursday. As I'm going on the Canberra excursion with the Year5/6 students the following week, I will organise parent/teacher interviews early in Term 3. ( I might also have some great goss from camp too!)



Pie Drive notes will also go out next week . I'm certainly looking forward to ordering a few- they sound delicious!

Alison Bath



## What is "Healthy?"

Health is the intake of a well-balanced diet that is full of a variety of nutritious foods and water in order to optimise ones wellbeing and support an active and productive lifestyle.

Manufacturers use terms like health, wellness, natural and organic on products to help aid their sales. However these terms can be very misleading. Think about it; biodynamic cane sugar is still sugar, and gourmet Himalayan pink salt is still salt. They are still digested in our bodies the same way and lead to the same health problems when consumed in excess.

So before you get mislead by advertisement with niche appeal, think about the ingredients and what the definition of health really is.

