



Hi everyone,

A busy week last week, ending with No Screen Day and Bullying No Way!

The students were quite surprised when we did a tally day of time spent 'On Screen' as opposed to 'Being Green.' For one day, students monitored every 15 minutes that they spent on outdoor activities and Screen time for one day.

Louie presented the findings to the parents on Friday at our assembly, and I know that it was a surprise too.

Green Time	Tally (per 15 mins)	Screen Time	Tally
Walking		Television	30
Sport	31	Computer	
Exploring	1	Video games	
Outdoor activity	16	Phone	12
Bike riding	15	Tablet/ipad	18
Other	6	Other	
total	69x15mins=1035 mins =approx. 17 hrs	total	60x15 mins=900 mins =approx. 15 hrs

While the Green Time came out stronger, which was great, the concern lies in the closer examination of which students were doing the Green and Screen time. The tablet/ipad time comes to a total of 4.5 hours in one day. This amount of time was shared by 4 students only. Those students were also using their phone and watching TV as well, which is a lot of screen time for just one day.

Did you know that the Australian Government recommends that use of electronic media for entertainment should be limited to less than two hours per day?

We shouldn't expect Australian and young people not to engage with screens at all considering how resourceful and embedded they are in our daily lives. However, we should be mindful of the total time that they do spend on them, what activities

### Upcoming Events

#### March 27

Stage 3 Enrichment Day – Music & Composition

#### March 30

GOOD FRIDAY

#### April 2

EASTER MONDAY

#### April 13

End of Term 1

#### TERM 2

#### April 30

Staff Development Day Term 2

#### May 1

Students Return - Term 2

#### May 8

SCHOOL PHOTO DAY

they are completing on them and how such time can be broken up or combined with physical activity.

For Bullying No Way! Day, we started with Defining bullying- what it is and is not, before looking at the important qualities of friendship. We are using the analogy of a tree with the strengths we need to deal with situations are our roots, our strong foundations where we build resilience and strategies. The trunk of the tree will be about communicating with others, including online. The canopy of the tree is where we have the reasonable and important behaviours we should be showing. This all fits in beautifully with our You Can Do It program on resilience that we are doing this term.

### Special Visitor

Last Friday, we had Sister Marie visit with Marie our Scripture teacher. What an amazing lady of 90 years old. She came to share with the students the places she had been in Israel, and her experiences there. Thanks to technology, we could zoom in on all the places she had been- our students were quite amazed and excited too.

Great learning- Congratulations to Ava, Mia, Hana, Artie and Skye who have moved up levels ( some 2 or more) in their Fast Maths learning.

Also great to see the persistence and effort being taken in all PE and sports activities. Students have started their Cross Country training and are really determined to do well.

I'm also seeing students really taking on the times tables challenges. I have been told that I need to do some serious testing this week so that they can show me how they have improved. ( Will definitely take up that challenge!)

Mrs Bath



There are lots of great TV shows, apps, games, and websites geared for school aged children.

But too much time spent in front of a screen interferes with the activities that are essential for growing brains and bodies, not to mention their imagination.

When you give a child a digital device you give them predetermined entertainment. When you give your child a book or some paints and pencils you give them the

the opportunity to create their own entertainment. Children have wonderful imaginations, and are the most curious creatures on the planet. You don't always need to give your child an IPAD or your smart phone to occupy them, there's loads of easy and fun ways for kids to create, just by using everyday objects. They can make it up as they go along, that's all part of the exploration.

Here are some ideas to explore:

- ✚ Use empty toilet rolls or small plastic juice bottles to make a family. Draw on faces, stick on paper clothes, and use cotton wool for hair.
- ✚ Make use of found and natural material. For example, could collect fallen leaves for your child to draw, paste onto paper, or dip into paint.
- ✚ Use small plastic lids, patty pan cases and other 'threadables' with your child to make jewellery.
- ✚ Pick up a book with real pages

# NAPLAN on paper – information for parents and carers

**NAPLAN**  
NATIONAL ASSESSMENT PROGRAM  
Literacy and Numeracy

**2018**

## Why do students do NAPLAN tests?

The National Assessment Program – Literacy and Numeracy (NAPLAN) assesses literacy and numeracy skills that are essential for every child to progress through school and life.

Students in Years 3, 5, 7 and 9 participate in the annual NAPLAN tests in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy.

The tests provide parents and schools with an understanding of how individual students are performing at the time of the tests. NAPLAN tests are just one aspect of a school's assessment and reporting process; they do not replace ongoing assessments made by teachers about student performance.

NAPLAN tests also provide schools, education authorities and governments with information about how education programs are working and whether young Australians are meeting important educational outcomes in literacy and numeracy.

## What will be tested?

NAPLAN assesses literacy and numeracy skills that students are learning through their regular school curriculum. All government and non-government education authorities have contributed to the development of NAPLAN materials.

To give you an idea of what the tests look like, see example questions at [nap.edu.au/naplanexample](http://nap.edu.au/naplanexample)

## How can I help my child prepare for NAPLAN?

Help your child prepare for NAPLAN by reassuring them that the tests are just one part of their school program, and by reminding them on the day to simply try their best. Teachers will ensure students are familiar with the types of questions in the tests and will provide appropriate support and guidance.

ACARA does not recommend the use of services by coaching providers or excessive preparation. NAPLAN is not about passing or failing, but about assessing learning progress.

## Participation in NAPLAN

All students in Years 3, 5, 7 and 9 are expected to participate in the annual NAPLAN tests.

Students with disability may qualify for adjustments that reflect the support normally provided for classroom assessments. A formal exemption may be granted for a student with significant intellectual disability and/or significant coexisting conditions, or for a student who has recently arrived in Australia and has a non-English speaking background.

Your school principal and your local test administration authority can give you more information on special provisions or the process required to gain a formal exemption.

## Will my child sit NAPLAN on paper or online?

Your child will sit the NAPLAN paper tests in 2018.

However, children in some other schools across Australia may sit the NAPLAN online tests this year. Federal, state and territory education ministers have agreed that NAPLAN will move online over the next two to three years. State and territory education authorities will determine when their schools move online.

As students are presented with questions that test the same range of difficulty, regardless of whether they complete the test online or on paper, results for both formats will be reported on the same NAPLAN assessment scale.

To find out more about NAPLAN Online, visit [nap.edu.au/online-assessment](http://nap.edu.au/online-assessment)

## What if my child is absent from school on test days?

Where possible, schools may arrange for individual students who are absent at the time of testing to complete missed tests at another time during the testing week. Individual students are not permitted to sit tests after Friday 18 May 2018.

## NAPLAN 2018 tests timetable

	Tuesday 15 May	Wednesday 16 May	Thursday 17 May
Year 3	language conventions 40 minutes ..... writing 40 minutes	reading 45 minutes	numeracy 45 minutes
Year 5	language conventions 40 minutes ..... writing 40 minutes	reading 50 minutes	numeracy 50 minutes
Year 7	language conventions 45 minutes ..... writing 40 minutes	reading 65 minutes	numeracy 60 minutes
Year 9	language conventions 45 minutes ..... writing 40 minutes	reading 65 minutes	numeracy 60 minutes

## How is my child's performance measured?

Individual student performance is shown on a national achievement scale for each test. A result at the national minimum standard indicates that the student has demonstrated the basic literacy and numeracy skills needed to participate fully in that year level. The performance of individual students can be compared to the average performance of all students in Australia.

A NAPLAN report will be issued by your school later in the year. If you do not receive a report, you should contact your school.

## How are NAPLAN test results used?

- Students and parents may use individual results to discuss progress with teachers.
- Teachers use results to help them better identify students who require greater challenges or additional support.
- Schools use results to identify strengths and weaknesses in teaching programs and to set goals in literacy and numeracy.
- School systems use results to review programs and support offered to schools.
- The community can see average school NAPLAN results at [myschool.edu.au](http://myschool.edu.au)

## Where can I get more information?

For more information about NAPLAN:

- contact your child's school
- contact your local test administration authority at [nap.edu.au/TAA](http://nap.edu.au/TAA)
- visit [nap.edu.au](http://nap.edu.au)

For information about how personal information for NAPLAN will be handled by ACARA, please visit [nap.edu.au/naplanprivacy](http://nap.edu.au/naplanprivacy)