

Principal News - Ms Laura Cromptvoets

Term One has certainly flown by! We have had Science days, the swimming carnival and an excursion to Byron Bay. Next term we will have Cross country, Children's First Aid and Storyboarding, just to name a few. I am looking forward to seeing all the amazing Easter hat's for the Easter Hat parade in Week 11. Don't forget to switch your clocks back next weekend.

Resilience is an important skill that we learn. At school we teach resilience as part of our You Can Do It (YCDI) lessons. Here are some top tips on building resilience with your child.

Teach your child to experience success by supporting them in something they like doing whether it's a sporting, academic or artistic endeavour.

Help them develop skills to be successful at school such as having a good concentration and memory by playing card games and puzzles. Being able to read people's emotions is powerfully predictive of how well children can get on with people at school.

Be aware of the 'yuk and yum' factor – some things will make your child feel good and other things will make them feel bad. The idea is for them to gather things around them that cheer them up if they've had a bad day.

Keep things in perspective – explain to a grumpy child their circumstances are not the worst possible, and that others have been through similar situations. Walk beside them as they handle the situation. This helps them to build hope and the belief they can handle problems when they come up.

Life Education



Next Tuesday we will be travelling to Corndale Public School by bus to participate in the Life Education Van program. Students will need to be in full school uniform, wear covered footwear and school hat. They will need to bring recess, lunch and must have a water bottle. The program will run from 10am until 2pm.

Upcoming Events

PE each Wednesday

Life Education Van

Easter Hat Parade

Jumpers

The weather is starting to cool down in the mornings; could parents please ensure that you send your child/ren to school with a jumper each day.

Library

We have commenced Library borrowing each Friday could you please send your child/ren to school on this day with a library or bag to protect the books.



7 Apr

7 Apr 2019 - Daylight Saving Time Ends

When local daylight time is about to reach

Sunday, 7 April 2019, **3:00:00 am** clocks are turned **backward** 1 hour to

Sunday, 7 April 2019, **2:00:00 am** local standard time instead.

Sunrise and sunset will be about 1 hour earlier on 7 Apr 2019 than the day before. There will be **more light in the morning**.

Also called **Fall Back** and **Winter Time**.

Our Beautiful Garden

The front garden is blooming with colour and the vegetables are growing well. Stop and have a look next time you are in.

Easter Hat Parade

We would like to warmly welcome all of our families to the Easter Hat Parade here at school on Thursday, 11th April commencing at 11.30am. Please help your child/ren to prepare a hat at home.



