

Tunable Creek Public School

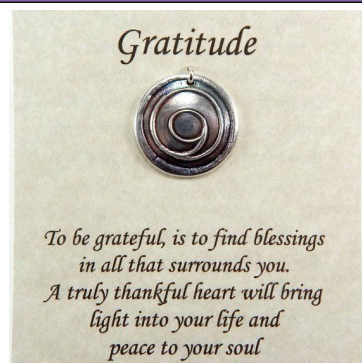


Respect - Integrity - Participation

Tunable Creek Road, The Channon

ph: 66886212

Tuesday 30 July, 2019



Hi everyone.

Before I share some of the fantastic work we have started this Term, I really need parents to advise me on a time suitable for a meeting with the Relieving Director Mr Peter Flannery. At this stage it appears that Wednesday is unavailable for a few parents, but I need to organise a meeting in the next few weeks. Could parents please ring the office so that this can go ahead.

Strengths-based Approach

Thank you to the parents that sent in their "homework." I would really love to share all parents "homework" with the students by the end of the week.

Yesterday we began with the most important building piece- the foundation. The higher the skyscraper you want to build, the stronger foundations you need. Without strong foundations, the skyscraper will collapse sooner or later. It's the same with achieving your goals in life. **The more ambitious goals you have, no matter in which area of life, the stronger foundations you'll have to build.** (quote from Foundations for life)

We are using the tree to understand how foundations work. The important thing is to add nourishment to our tree- our values, beliefs, spirituality, understanding our uniqueness. When we build on our virtues we add knowledge and we continue to build and grow.....self-control, persistence, respect and understanding to others. Children and young people need a vocabulary to help them recognize and understand various strengths and positive qualities in themselves and others.

Students started their **7 day challenge on gratitude** yesterday. With their challenge comes a celebration at the end. I have also provided the students with a visual representation of building our foundations. Each student planted a seed yesterday. If they brought in their challenge sheet that showed me they completed a gratitude activity, they watered their plant today.

Our theme over the term is **Journeys**. Last Thursday, the students had one of my fellow Principals from Newcastle visit to do Art on Journey and Wonders. She was very impressed with the thoughtful and creative answers students gave in a discussion on journey, wonder and artists interpretations of these. Great strengths to have. There are a few to finish their work and add their artistic statement to their pictures. We have creative students at Tuntable Creek. I can't wait to share these (can't rush an artist!)

REMINDER Netball will start this Thursday. Students will need to ensure that they have suitable footwear for the activities which will be at school.

Mrs Bath

Upcoming Events

Thursday 1 August

NETBALL – Sporting Schools commences

Thursday 8 August

Dunoon PSSA Athletics – Field Events (Dunoon Public School)

Friday 9 August

Dunoon PSSA Athletics – Track Events (Riverview Park Lismore)



The scheduled **Small Schools Choir** rehearsal next Tuesday at Lismore PS is **changing to Tuesday August 20th - 1pm at Lismore PS Assembly Hall.**