## **Tuntable Creek Public School**

## **Respect - Integrity - Participation**

Tuntable Creek Rd The Channon

www.tuntableck-p.schools.nsw.edu.au ph: 66886212 Tuesday November 1 2022



Hi everyone,

Today is the first of November. This week we start our Friday Kindergarten Orientation Days for the month of November.

Yesterday, Mrs. Lord took the class while the teachers were engaged in Professional Learning and School Planning. Their STEM design project was to cooperatively design a show. Their show had to include essential things like toilets, first aid, accessibility. The students had to create a group design together first. Time limit was 40 minutes.

Here are a few photos of the finished product.





## This week:

## Wednesday breakfast



Coming Up Kindergarten Orientation November 4, 18,11, and 25



As part of our well-being program, we have started creating our 'toolboxes' to help regulate our emotions. This aligns with our Dispositions for learning quite well. Understanding our triggers helps us to recognize what we can do as learners to help us work through situations. Last week we looked at how different situations make us feel.

An example of this was when I said to students that we are going to do a reading test. Why does Mrs Bath want you to have a go at this? We talked firstly about recognizing what zone we felt we were in when we think or approach something that may be difficult.

What strategy from our toolbox can we use to face the problem? What dispositions will we use in that situation? What strategies can I draw on to help me?



I'm now going to have a break myself as I recognize that I'm in the Blue Zone and need a recharge.

Alison Bath Principal